



For Just One Day

**What I wouldn't give,
For just one day,
to rise and feel no pain today.**

**Dear Lord, please hear my prayer,
This pain is just too much to bear,
Day after day, year after year,
It makes me live in constant fear.**

**I miss the person I use to be,
Happy, healthy, and so carefree.
I miss my job, my life, my friends,
and doing all the normal things.**

**A part of me has surely died,
from all the pain and hurt inside.
It started many years ago,
for reasons I may never know.**

**Please Dear Lord, show me the way,
To make this pain just go away,
Even if, for just one day...**

--Anne-Marie Nelson®